

The Harmonising Times

*A regular indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. With the Universe's process of expansion continuing to create constant shifts, the intention is these indications provide you with foresight. So helping support and nourish you in your own evolution and helping you Create Harmony in Your Life. **Remember whilst the Universe creates the context, it does not decide your future - you do.** Each of us creates what we desire through our conscious **actions.***

The year for Your Purpose

September 2016, Hang on to Your Hat

Welcome to Creating Harmony's note of indication. As we move further through this re- structuring phase our intention in this Harmonising Times is to provide our readers, friends and everyone else with foresight as to the influences impacting all our lives. This cycle reminds us all **life is ever flowing.** To further

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assist you to stay in the flow, we also make very regular posts on our [Facebook page](#).

This phase of eclipses began with the lunar one on 18th August and finishes with the **second lunar** eclipse on 16th September. In between there is a **solar eclipse** on 1st September, the day the new moon appears.

Eclipses bring heightened **levels of energy** within us and in the world around us. They have a profound inward pull on our consciousness and are therefore strongly associated with spiritual development. Eclipses are often seen as being very significant in terms of our own **evolution**.

In this triple eclipse cycle, we are all being ushered into allowing a fuller expression of our true selves to be **visible**. So allowing each of us to radiate the light of the *Life of Harmony we Create* through our choices.

The paradoxes of August...

All through August there seemed to be a series of **swings**, from anger and irritation to love and a sense of confidence as to our direction. One quickly following the other as the paradoxes unfolded. For many these swings reflected in the digestive system, or joints – inflexibility! Each swing was in essence **bringing to the surface** a belief or pattern of behaviour which needed to be addressed.

Some days **mental clarity** became lost in a fog, other days there was sharp focus. To learn more about the reasons I have made a short YouTube video – [the 6th Secret](#). Some days the direction was clear, others a total lack of confidence as to the next steps. Hence the appearance of irritation and being unable to determine its cause.

Then Mercury went retrograde for the **third** of its four occasions this year. All have been in the Earth sign Virgo, meaning a focus on being earthy, practical and pragmatic in our communication - particularly as it relates to our business and enterprise activities. Encouraging us all to be open and sharing in our approach, a moment to check the **fine print** and confirm the **basics of your offer!** Certainly before the retrograde finishes on 22nd September.

Until then this retrograde is deepening our thoughts and enhancing our intelligence and perception while enabling us to address **deep healing**.

September is probably going to be the most **challenging month** in what is a challenging year. It is also going to be one of the most opportune if you are willing to acknowledge each bump is there for a reason. Rather than resisting or ignoring the signs, being an active participator in your evolution.

Remembering as mentioned in August's edition, until 1st December we are all being urged to **shed** old habits, beliefs, judgement, fear, doubt, wounds or simply hiding our True Self.

The power of September...

September's new moon appeared on the 1st with emphasis on beginnings. Rising on the first day of the ninth month means a lot of endings, culminations and release! Virgo's influence providing a focus on the details of your big transition. What it is also doing is **steering us away** from our need to be perfect. Instead encouraging us to search for our creative potency rather than the perfectionist to demonstrate our excellence.

Very often when creating something brand new and feeling a little intense as to how to do it, we have a tendency to finger point and seek someone to blame for the emotions we are experiencing. Particularly if we can feel what is possible and yet it does not appear because of our own limitations in **capacity and clarity**.

Whatever the reason, it hurts a lot because we cannot control the outcome in the way we think it should be. This is a natural defence against the fear of **disappointment**. An emotion which is likely to appear more than once during this phase of new beginnings.

This will be the moment to remind yourself, it is **a lesson you are seeking to learn**.

Which could be why on the 2nd the Sun moves opposite Neptune - enhancing our creative powers and infusing our hearts **with courage**. So blessing each of us with good fortune.

Courage is often what is needed to step beyond the ego mind's limitations and restrictions. As always it is our free will or choice as to if and when we do so. Any physical or emotional discomfort is there as a reminder – likely to be felt in the **back and sacral regions**.

More understanding and guidance on actions are available in [*The Seven Secrets to Living in Harmony*](#).

Remember those Deep Breaths?

On the 9th our fortune finder, Jupiter moves into the balancing and fair-minded Libra - remaining here until October 2017. This auspicious moment indicating where growth is likely or **wants to happen** in your life.

The combination indicates relationships embracing luxury and abundance! Meaning our greatest expansions will be in our **social world** and will be taking place with the help of others. Being fair minded and working through community, collaboration, cooperation, and the sharing economy will be more essential than competition.

However, this also means accepting **responsibility for self** rather than seeking to stand for everybody except your-self.

Preferring to attract or maintain connection with others by not speaking your own truth will very often be evidenced by coughing or throat issues. Which is about communication in the broadest sense – being yourself.

Meaning this week could be one where you will need to remember to take a few **deep breaths** down into the lower abdomen! So until the 15th seek to create space rather than maintain your “usual” pace! If you do then the perfectionist in you could quite probably re-appear!

From the 15th to the 18th is the period of the full moon eclipse. This signifies tremendous transformation in your **relationships and spiritual life**. The full moon on the 16th activates the deeply sensitive and loving part of each of us, though also attracting sudden unexpected shifts!

Which could create a **mental fogginess** as you may be unsure as to the next step to take. Meaning another moment for a few deep breaths! If you have not already watched [the 6th Secret](#) video, my suggestion is to do so now.

20th September draws to a close the weeks when we are being assisted to come to a peaceful resolution with **any loss, grief and or disillusionment** we hold within us.

The moment of equal day and night

Mercury goes direct on the 21st. The two days either side providing the best opportunity during September to move into **implementing** transformation mode. Particularly in business to business activities.

The equinox is on the 22nd. A moment to observe the flow from one season to another, both within us and in our outer world. For when we take time to notice how our inner world is changing it improves the quality of our **participation in life** instead of letting life pass us by.

On the 26th Pluto moves direct again so bringing to an end the phase encouraging us to involve ourselves more deeply in the exploration of transformation itself. Meaning we should once again feel **empowered** and confident as to our **leadership capabilities**. Flexibility re-appears as to exploring and trying new ideas. Having addressed the basics of your offer will enable your message to be communicated in a more powerful way.

If you would like help in developing your offer, then why not request a **[complimentary strategy session](#)**? After sending us your completed questionnaire we will review it and confirm your booking. My promise is that the focus will be on your result, there will be no sales during your session.

Seeking an Abundant Life?

In this moment of apparent turmoil many people have brought up the feeling of a lack of Abundance in their lives. We have brought together into [Easily Creating Abundance](#) the ability for you to address limitations to love, health, freedom and wealth aspects of Abundance.

If you desire to learn some exciting new ways to help yourself (and your clients) achieve miraculous results, then **we invite you** to discover powerful coaching techniques you can use to help yourself (and your clients) finally...**uncover the hidden hurdles** sabotaging your ability to have more wealth, more love, better health, and more freedom in your life starting at the event.

The workshop will enable everyone to identify **the main areas** where they are blocked and then work through processes to address them. It will conclude with an assessment of the progress made and what remains to be addressed and how to create continuing Abundance in your life.

A word of warning, the Law of Attraction is only mentioned in passing. Rather we focus on enabling **all** the wealth and abundance that is awaiting your activation. This is not only possible, it is how we were designed to live! No longer holding yourself back, instead learning how to ask, seek, knock, and act from your highest vision.

Contact me at gregory@creatingharmonyinyourlife.com for more information.

The next ones are in Portugal from 9/11th September, then again 28/30th October.

Further dates and locations to be confirmed. For full details on further events visit: [Forthcoming Events](#). Or, if you would like to host an event near you, please email us at: support@creatingharmonyinyourlife.com.

Or, if you feel the need for deep intense one-on-one coaching why not visit Gregory at his home in Portugal? The retreat is for two people with four days of consecutive one-on-one coaching sessions, plus a further three days to allow for integration. If unable to visit Portugal, skype or similar is possible. The shift over four consecutive days of coaching is immensely visible. More details are to be found at [Transform and Create](#).

Portents

September is an **18 Universal month in the 9th** month of a 9 Universal Year! The result is to expect sparks as this doubling up means it can bring you incredible gifts for a new life ahead if you know how to hold sacred space for its power.

In particular it is offering opportunities for **wealth, wisdom and leadership**. However, as a 9 this means conclusion, ending,

time to let go, leaving something you are very attached to. This could be a belief, habit, way of being, a relationship, your job.

Whatever no longer serves even though you believe it does! This is an opportunity to finally let go, to step forward into your creation. First though it is necessary to let go and allow the **river of life to support you**. Only then can amazing opportunities appear.

Shamanics' Events

The final Vision Quest for 2016 is planned from 22nd to 25th September. There will be a half day [Introduction to Shamanic Journeying](#), on the morning of 22nd September followed in the afternoon by the next [Vision Quest](#).

A copy of Shamanics in Portugal's ***All About Fire*** workbook will be provided to all who book, or you can download one Free now as a valued subscriber.

29/30th October will be [Discovering the Inner Realms...an Introduction to Shamanism](#). This will introduce you to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals and much more on our experiential journey together. It will provide you with powerful, effective tools to let you tap into the unseen world for insight and healing which requires no external authority, intermediary, or even beliefs.

A copy of our **All About Air** workbook will be provided to all who book.

The full list of events is available by visiting this link:

[Forthcoming Events](#)

If there is any aspect you would like to learn more about, then please email us at: support@creatingharmonyinyourlife.com.

In Summary

Eclipse cycles offer each of us **tremendous creative potential**. Circumstances often change during such cycles. Even though only a few weeks duration, most eclipse cycles have a tendency to be very creative and transformative. As this is a free will Universe, we can of course choose to participate or not.

September's cycle is offering us the opportunity to synchronise with, or even bring about endings and beginnings. To move once more into the **flow of life** rather than being **caught up in life**. Doing so will enable each of us to take action with regard to freeing space for our dreams and desires to appear.

- reflect on what it is you feel needs to be perfect in your life;
- assess your creative abilities and how you might need to bring them into a more active role in your life;

- consider what it is you are seeking to bring anew into your life;
- remember deep breathing will help dissipate any sense of disappointment;
- expect communication challenges until Mercury goes direct; and
- remember between 19th and 23rd September is good for implementing transformation.

Until October with its two new moons, doubling the emphasis on new beginnings.

***Gregory Reece-Smith
and the Creating Harmony in your Life team***

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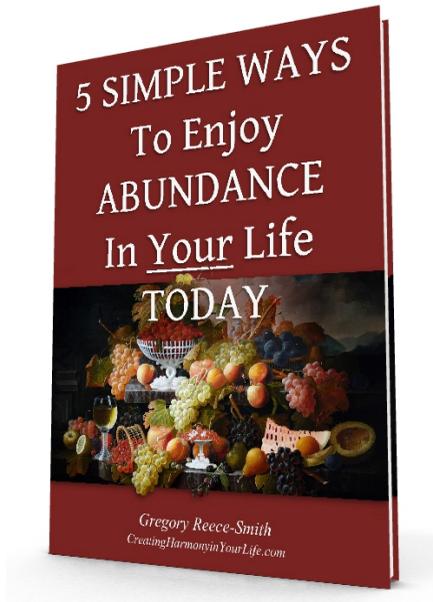
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