

The Harmonising Times

*A regular indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. With the Universe's process of expansion continuing to create constant shifts, the intention is these indications provide you with foresight. So helping support and nourish you in your own evolution and helping you Create Harmony in Your Life. **Remember whilst the Universe creates the context, it does not decide your future - you do.** Each of us creates what we desire through our conscious **actions**.*

The year for Your Purpose ***June 2016, to be Yourself***

Welcome to Creating Harmony's note of indication. Our intention in this Harmonising Times is to provide our readers, friends and everyone else with foresight as to the influences impacting all our lives as we move from emerging to embodying. From wondering to a sense of knowing ourselves. This theme lasts until September, providing the base for each to *Create their Life of Harmony*.

Whilst feeling calmer May had a challenging intensity. Memories of events, experiences and beliefs kept appearing as the energies

pushed each of us to recognise and begin to know ourselves. Which is why we heard on so many occasions – “who am I?”

For almost all of us this is a deeply **challenging question**, for often all we can answer is with details of events in our life, our jobs, our family, where we live etc. “what we are” rather than “who we are”!

Why?

Because we have no story which describes us, only the events and experiences which have created the beliefs which have moulded us. They have become who we believe we are!

May was pushing us all to address the doubts, fears and confusion about ourselves and our new beginnings. Thereby allowing each to begin to know ourselves. Even though we are **unsure** as to what we may **discover** and how to connect?

The last few days of May felt particularly intense. Creating a sense of lethargy. Many uncharacteristically simply wanting to go slow and allow the days to unfold rather than the usual what is next to do! The reason – needing to adjust to being **comfortable with the unknown**.

This hangover lasts until 20th June and if we remain uncomfortable with not “knowing” the next step, then we cannot make this change easily. Which of course is also about trust for **structural change** is in the air. Impacting all aspects of our lives, business, career, relationships etc..

Structure conveys what we stand for. So if our values alter then so must the structure. The key is to look upon the changes, even when enforced through a partner leaving or loss of a job, as an **opportunity** to step forward as who I am, no longer what I am!

Come to know Yourself...

The new moon on 5th June intensifies for all the choice to step fully into the embodiment of ourselves. With our **own truth**, making our own choices, the creative expression of ourselves.

As we have indicated in previous editions, each of us is alone responsible for what we create. In this there is a vast amount of freedom and harmony. For in unconditionally loving ourselves, why would there not be?

That said, there are many doubts and questions as we are unsure as to "who am I?"

If you would like help in identifying what remains incomplete, then why not request a **[free strategy session](#)**? After sending us your completed questionnaire we will review it and confirm your booking. My promise is that the focus will be on you, there will be no selling during your session.

June, as well as September/October, has a focus on building aspects that are intended to change the nature of how you **earn your living**, what you do with the money you make and so how to build your/our culture.

Back to the idea of being a purposepreneur rather than driven by the goals we have set. The month as a whole is urging each of us to expand and grow through our **own vision**. Bringing it into existence through the detailed, day-to-day action steps we take.

Digesting what is no longer Needed

This new moon in the first sign of the zodiac, Aries, signifying another dose of double new beginnings! The alignment brings in the element of endings, so once again there is a moment of letting go to create space for the new.

Aries always symbolises rebirth and courage, so as with all new moons this is a wonderful moment to start afresh and move forward with clarity, energy and detail! The sense of slow down to do so lasts until 29th June.

On 17th June is the second meeting of Saturn and Neptune since November 2015 - **spirituality versus realism** is the theme. Or, how to merge spirit with the everyday practicalities of your life? Achieving it will require each of us to be clear on how to acknowledge and share our true **purpose**, how to nourish the spiritual in a practical, down-to-earth manner.

For many this may seem a paradox, answering it will take many on deep journeys of exploration. Particularly as from 13th June to 29th November Neptune is making it impossible for each of us NOT to be in **our truth**.

This is likely to place continuing emphasis on good **digestion** - requiring processing and expelling what no longer serves. Being unwilling to do so could create all sorts of issues connected to the digestive system.

For this is more than cleansing, this is about standing in your power – [Secret #4 in The Seven Secrets to Living in Harmony](#). A video outlining each of The Seven Secrets is now available to watch on YouTube.

Knowing Yourself

During the next four months we should **allow** ourselves to:

- Be inspired with our new **creations**;
- Receive new **insights** about our journeys;
- Accept new **ideas**; and
- Gain a broader **perspective** on the way events are unfolding in the cosmos.

All of which will require each of us to be present with what is unfolding. There is much to receive during this passage which will not only prepare the physical for embodiment. It will also provide clarity on what needs to stay or go in our personal journey.

These will not be moments to judge or overwhelm with information or instruction – this simply is not helpful, especially if it involves

stories of other memories. Rather share stories from your heart, become aligned with where you are at that moment. All must resonate and be aligned with love, honesty and integrity – truth and authenticity!

To provide support you can attend an **Awaken Transform Live** event. Here you will discover what remains to be addressed and how to create a compelling life filled with joy and fulfilment.

The next one is in Portugal from 9/11th September, then at another wonderful country location in Roskilde, outside Copenhagen on 28/30th October.

For more details of that in Roskilde and to take advantage of the early booking special, contact Arne at: altlysnu@hotmail.com.

Further dates and locations to be confirmed. For full details on further events visit: [Forthcoming Events](#). Or, if you would like to host an event near you, please email us at: support@creatingharmonyinyourlife.com.

Or, if you feel the need for deep intense one-on-one coaching why not visit Gregory at his home in Portugal? The retreat is for two people with four days of consecutive one-on-one coaching sessions, plus a further three days to allow for integration. If unable to visit Portugal, skype or similar is possible. The shift over four consecutive days of coaching is immensely visible. More details are to be found at [Transform and Create](#).

The Universal Laws

Over the last eleven editions we have drawn on Raymond Holliwell's *Working with the Law, Eleven Truth Principles of Successful Living* to set out the 11 Universal Laws. We are now in the process of bringing these into one document and will let you know when it is available.

Portents

This full moon is an auspicious one. It arrives on 20th June, indicating peace, balance, cooperation and relationships. This is the second consecutive full moon in the sign of Sagittarius and represents a celebration of **joy** - an ideal moment for the solstice.

If at this full moon you feel a constriction within you, this is because you need to **unlearn** something about yourself which is not true. If you can, then something extraordinary will manifest.

On the 26th there is a highly fortunate activation for manifesting **abundance** in 2016. The more faith you have in yourself, the more others will have in you, and the more likely things flow to you, since expectations are that they will!

Finally on the 29th Mars goes direct. Meaning each of us will **regain** our vitality and direction. Any limitation on taking action will be removed, providing each of us with the power and courage to be clear about how to implement our gifts.

As a **15 Universal month**, June symbolises love, responsibility, family and abundance. 15 represents the spiritual alchemist – the magician who transmutes energy into joy. Uplift your life with all that makes you happy. In this 9 Universal Year, this is the month that both numbers of Love (6 and 9) are activated.

Shamanics' Events

The next Vision Quest is from 13/19th June during [Wilderness and Questing](#). Being alone in the Wilderness has long been part of ritual handed down and still practiced in different forms by many peoples throughout the world today. It provides the means to step from where you are in your life, to where you want to be, to what you desire to change, to find answers you have found hard to discover in today's busy world.

The first two days will be spent learning about what the wilderness has to offer. What can be found amongst its magical rocks, trees and river. And, then how can this be adapted for your use. Specifically for the Vision Quest starting on the Thursday.

On 16/17th July there is [Working with the Ancestors](#). This event is for those seeking to be free from the limitations of your family lineage. It requires experience of journeying.

Currently the final Vision Quest for 2016 is planned from 22nd to 25th September. There will be a half day [Introduction to Shamanic](#)

[Journeying](#), on the morning of 22nd September followed in the afternoon by the next [Vision Quest](#) – 22nd to 25th September.

A copy of Shamanics in Portugal ´s ***All About Fire*** workbook will be provided to all who book, or you can download one Free now as a valued subscriber.

The full list of events is available by visiting this link: [Forthcoming Events](#)

If there is any aspect you would like to learn more about, then please email us at: support@creatingharmonyinyourlife.com.

In Summary

Whilst in part continuing what May had begun, June marks the start of a four month period in which each of us needs to **come to know** our true self.

This phase moves us beyond clearing the decks to knowing our direction and in taking action, how to manifest our dreams and desires.

- re-evaluate what is truly important to you;
- take conscious, intentional action to manifest your vision;
- review your values and what it is you value;
- be prepared to re-imagine how to receive your desired income and how it resonates with you;

- feel at home in yourself, create a sense of true home for yourself; and
- learn how to use your own voice to communicate your truth.

Until the new moon on 4th July, when we turn over to the next chapter in our lives, both with ourselves and those around us.

Gregory Reece-Smith

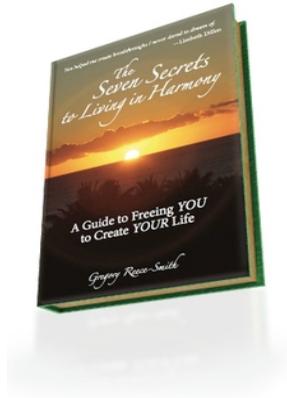
and the 'Creating Harmony in Your Life' team

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Thankyou

Available NOW!



Gregory Reece-Smith's **"The Seven Secrets to Living in Harmony"**

Available from Amazon by visiting the link below:

<http://www.amazon.com/dp/b00reowcry>