

The Harmonising Times

A bi-monthly indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. All of Creation continues to expand so requiring constant shifts. Our intention is these indications provide you with foresight. So helping support and nourish your own evolution and helping you Create Harmony in Your Life.

***Need a New Relationship or
Direction for your Life?***

Willing to be Free?

Welcome to Creating Harmony's Harmonising Times, our overview of the key themes emerging in our much larger, ever evolving community – initiated by this powerful **partial solar eclipse** combining with the new moon in Aquarius.

This new moon solar eclipse represents a positive **turning point** and a much welcomed breath of fresh air. Together they will determine an area of focus for you for the next six months to a year, in particular they will usher in a new relationship or

direction in your life. Though this will need to be aligned with your soul's desires, not your mind!

The energy of a solar eclipse **obscures our vision** forward, such that we can take a moment to reflect on the present and truthfully see how this relates to our past. The insights gained are not about dragging up old energy, or reliving painful events or experiences, rather to positively reassess where you have been and use this knowledge to take quantum leaps along your path.

Start Planting

We will be drawn to gaze into our inner world, to see the gifts of our shadow and emerge from the eclipse ready to step into our greater potential. As the darkest moment is just before the dawn, so we will emerge from this partial eclipse with the **Light of our soul illuminating** our way forward.

The new moon rises in the early hours (GMT) on 16th February. With no full moon in February, it means this is a month to **focus on bringing in the new** and welcoming the start of a fresh cycle. As we move our focus away from the past, the idea of releasing will take a backseat. Instead, we will be able to use this new moon solar eclipse energy to create and plant seeds for our future.

Falling in the air sign of Aquarius it means this moon carries a very gentle, hopeful, and loving energy. Ideal for filling all the

newly created space we have made in our lives since the start of 2018? Space which your soul has already started to fill, hence why to **expect the unexpected** throughout this year!

Be Gentle in All your Relationships

This Aquarius energy is also asking us to start contemplating what **we cannot see** beyond our horizon, thinking about the bigger picture and focusing on how our actions and words affect those around us.

Under the influence of this solar eclipse, we are being asked to step away from seeing life and its events through our own perspective and **open ourselves** to viewing it from a higher one – back to the soul!

Coming immediately after Valentine's day, which has its roots in the pagan fertility festival known as Lupercalia, relationships are a theme around this eclipse. Whilst our most important relationship is the one we have with ourselves, we are also going to be guided to reflect on who we are **choosing to have around us**.

Ready to be Free?

In numerology, February 2018 is a 13 Universal month - the number of **death, birth, and rebirth**. It is a month for all of us to think about how our relationships are serving us and how we

are creating a sense of community in our own lives, and so the world.

You may decide to **forge deeper bonds** in certain relationships, or you may discover that relationships no longer serving you may need to end.

Communicating your truth, being open, and expressing your true self are all aspects which create and support healthy relationships. These may come “forcibly” to your attention if there is any **sense of imbalance**.

If relationship issues do emerge, whether with a partner, colleague, friend, or family member, **communication** is going to be key whilst this eclipse is influencing us all.

After the intense release and letting go energy since January’s new moon, this second new moon of 2018 is likely to be felt as a huge gift from the Creator! It will also be joined in the evening sky by **Venus**. She has been invisible for some two months and because of that many people have experienced a difficult time in love and relationships.

However, the solar eclipse will challenge your relationship with the **concept of devotion**. Is it really worth it? Is your devotion unconditional or do you expect something in return? Have you been devoting your life to a cause, to a dream, to an ideal (Aquarius). The eclipse will expose the current reality of that ideal. You may realise that you are devoted to a lost cause, or at

least, your cause and the relationship you have with it need to go through some changes.

It will need **pragmatism** to make the necessary changes. One practice to check what you need to complete is place your hand over your heart, close your eyes and ask yourself quietly- *"What do I need right now to feel complete?"* And then trust and take action on the answer that follows.

Ready to Create your Life of Balance?

This partial eclipse will create **endless possibilities** to make positive changes in your life. It will create a flow of ideas on how to improve your life through education and positive change. Some of your thoughts will turn to companionship and love. Health and medicine are others topics of discussion to come from this eclipse, especially mental and women's health issues.

The eclipse will help you feel free to show the world who you really are, with all your unique and unusual skills and gifts. You should feel free to live how you want, with who you want. This eclipse will make it easy for you to make a **break with your past** and outdated traditions.

It will also be calling us to exercise our **conscious leadership**, particularly with regard to feminine issues. This leadership will have a collective, collaborative focus rather than the 'follow me' sign of the single person. Its purpose is to accelerate the creation

of balance. Not only within ourselves, also within humanity and between Father Sky and Mother Earth.

This is beyond what was considered to be **grounding**. Rather it is deliberate intent to bring down the positive electro-magnetic energies from Source and merge with the negative electro-magnetic energies of Earth. Thereby creating balance within ourselves and for the whole.

To help you move beyond the past and create your life the way you desire it, take advantage of a [**complimentary Create your Life strategy session**](#) with me. During this we will work together to:

=> Create a crystal **clear vision** for your personal and conscious business life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired.**

To help those ready to lead a life of freedom and flexibility by starting and/or growing their business, I have created a Facebook group [**The Conscious Business Tribe**](#). It is open to all who are thinking about or already have such a business. Join by clicking on the group name.

Be Prepared to Accept the New

The astrology of this solar eclipse has a major focus on **ideas and communication** because it closely aligns with the planet Mercury. It also makes a positive aspect to the planet Uranus. Uranus makes this an eclipse of positive change, greater personal freedom and choice. Which means you can make positive changes to improve your life. This is a solar eclipse of **freedom and choice**, with exciting new ideas and technologies to give you a happier, healthier and more enjoyable life.

Together with the 31st January lunar eclipse, this solar eclipse signals a **new awareness** and phase for the rights, health, welfare and education of women in general and mothers in particular.

It is also a **good moment** to start a blog on the internet or to write a book. As well as being auspicious for making plans and start business arrangements, to bargain, buy and sell.

Into the Year of the Earth Dog

The Chinese New Year follows the lunar calendar and is celebrated on **16th February** with this year's second new moon.

2017 was the year of the Yin Fire Rooster, which it was! It was a year of standing up for yourself, going after what you wanted and tuning into your feminine side. It had a fiery, fierce energy that really helped to **create waves** in our lives and around the world.

2018 brings more of a masculine energy with the year of the **Yang Earth Dog**. Yang energy is always external, rather than Yin energy which is more internal.

Even though we have this strong masculine energy in 2018, the element of Earth and the sign of the Dog is going to temper this and help to create a **gentle, fun-loving vibration** throughout the year.

2018 is a very Earth year, bringing into the physical what we desire. Moving beyond manifestation processes such as the Law of Attraction. Earth energy is all about being grounded, creating security, and finding your balance as you move in the flow. Earth energy is slow to move, however the movements are always calculated and **always help you to move** further ahead.

Under so much Earth energy, we may feel as though we are not moving forward at all! In fact 2018 is a **pivotal year** for laying the foundation and taking some of the biggest steps of our lives. It is the year to **expect the unexpected** as balance emerges in the mind, body, soul relationship.

To Live the Life of a Dog

Apart from being man's best friend, dogs have an amazing healing ability and have a strong sixth sense and intuition. In Chinese astrology, the year of the Dog is associated with **finding balance and being organised**. On one hand, we may feel called to act, to change, and to make headway, though on the

other hand we may feel a need to rest, reflect and go within. Simply observe how a dog behaves. Full of energy and raring to go on a walk, then also needing to sleep!

Which means there could be some reckless energy, and may be havoc or chaos that you need to wade and sort through. It is though a period to **tread carefully** in business and when dealing with sensitive situations. This is because there could be a tendency to lash out, become overly attached or stubborn.

The good thing about the Yang energy present this year is that most issues and conflicts will be **resolved quickly**. With Yang energy, usually things are quick to rise and quick to fall when it comes to conflicts.

All of the energy of the Earth Dog is going to make it the perfect time to take a “**Down to Earth**” approach to your life. Studying, strengthening relationships or your career, spending time with family and connecting to your inner self are all going to be important places to **focus** your attention.

My suspicion is that Mother Earth herself is going to **create an impact** during this year - perhaps as early as the powerful shift by Uranus in mid-May. This is going to bring about enormous change for purposepreneurs!

Earth Dogs are viewed as faithful, considerate and well-disciplined. The year of the Earth Dog is supposed to be

auspicious in financial matters, though also exhausting on a physical level.

Overall, it is going to be a positive and harmonious year. One where we honour the cycles of action and rest, creating stability, and find a **fun-loving approach** to life no matter where it is leading us.

Re-building your Constellation

In order to do this we need to step beyond our unconscious patterns and blocks into awareness and discharge the often painful emotional energy that keeps them in place. This sabotaging is one of the aspects covered in my [complimentary Create your Life strategy session.](#)

With relationships, business and personal a continuing theme for 2018, would you like a **FREE Copy of Chapter #4 – “[What do I feel in my heart?](#)”** – from [The Seven Secrets to Living in Harmony](#) The heart is the source for communicating your truth, being open, and expressing your true self - all aspects which create and support healthy lasting relationships.

Use this link to my blog [Free Copy of Secret #4](#) about the messages your body is sending you and I will personally send you a copy by return.

On 22nd February Quinta da Luz is hosting Ebo Boerema’s one day workshop entitled **Constellations**. This will create a shift in

the constellation of everyone who attends. For more details contact [Ebo Boerema](#) via Messenger.

This is followed by [***Discovering the Inner Realms...a Journey into Shamanism***](#) from 17th to 18th March. In addition to being introduced to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals you will have the opportunity to connect to the energies of a medicine wheel, stone circle and a labyrinth as well as visit the Void. These as well as drumming, rattling and chanting are part of the event. After leaving us, third parties commented on the difference in the energy and expressions of the participants.

You can of course spend a few more days at Quinta da Luz soaking up the energies and ambience where the event is held, enjoying the mountain views and gardens. Further details are on our web site: www.quintadaluz.org.

Immediately after the new moon eclipse Mars and Neptune combine to decrease our physical energy, helping to move us past the agendas of our ego. Rather expect feelings which can be linked back to our soul agreement, the decisions made before we incarnated. Some purpose we agreed to and then have **overlooked** whilst living our life.

We will be invited to swim in the waters of the intuition, where we will know what we need to do. For many it could be viewed as **waking up** from our slumbers. Back to the remark at the

beginning of this edition “the Light of our soul illuminating our way forward”.

And, March 's Full Moon Expects...

Unusually February has **no full moon**, only a new one. The next one is very early (GMT) on 2nd March. It will shine a light on any negative emotions, behaviours and habits still present. A helpful aspect to Saturn means this is a full moon to take responsibility for your challenging behaviours. It is a period to look to **relax and honour** own rhythm, trusting your intuition.

I have been invited to give a **podcast** on 8th March on Terri Britt 's – [**Leading with Love**](#) radio show. My presentation is entitled “Are you Who you Think you Are?” This happens to be the title of my second book which is with the publisher, though the talk will be much, much broader!

March also two full moons – the second on 31st March. It is rare for two Blue moons to happen in the one year. The double Blue moons only happen about 3 to 5 times every 100 years! Continuing 2018 's theme of **unusual events**!

To looking over your horizon. _

Blessings to all,

Gregory Reece-Smith

and the 'Creating Harmony in Your Life' team

February 2018 New Moon Edition

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