

The Harmonising Times

A bi-monthly indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. All of Creation continues to expand so requiring constant shifts. Our intention is these indications provide you with foresight. So helping support and nourish your own evolution and helping you Create Harmony in Your Life.

Do you Still Need to Control every Aspect of Your Life?

Ready to Build Solid Foundations?

Welcome to Creating Harmony's Harmonising Times, our overview of the key themes emerging in our much larger, ever evolving community. After a February with no full moon, March has once again two, so at the end of March we will have the **second blue moon** of 2018.

Not only do we have this unusual event, this full moon is the **third consecutive full moon at 11°**! Since 2018 resonates to an **11 Universal year**, the message from all of Creation could not be clearer:

“Live in the present moment and you *will* fulfil your greatest potential.”

Be Realistic

Rising just after midnight (GMT) on 2nd March the full moon in Virgo is very meticulous. Virgo enjoys being practical, by devoting your total attention on what is in front of you. Ruled by Mercury, Virgo invites you to create with **mind, body and soul fully committed**. It is the moment to break out of your routine and bad habits, meet new friends, connect with old ones, and go on an adventure. Be daring, curious, courageous, and worldly.

The full moon is calling us to let go of the need to control every **minute detail** of our lives and to ALLOW the dream to foster magic through our hearts.

Sometimes our ego wants the dream to happen a **certain way**... this full moon is one of allowing the dream to manifest in perfect divine order, for the greater enjoyment of all.

We may ‘think’ our dreams **Have To** follow a certain path and our ego delights in proving how ‘spiritual’ we are by forcing/controlling an outcome.

However, when we let go of the ‘Have Tos’ and surrender to the **feeling** of the dream, what unfolds is a reality more beautiful, more bright and more fulfilling than any our ego ever thought was possible.

For its knowledge base is **only what it has experienced**. That is why so often our view of possible options is limited to only those experiences rather than the full potential of what is available over the ego's horizon. So limiting our soul's evolution through what it experiences.

You may find you will be faced with choices of **letting go** of something that you know within is not for you, even though your mind/ego is grappling with leaving behind something you may have invested time, money, energy, love into it.

This is not failure, rather recognition of lessons learnt and wisdoms gained and so creating the space for a new **golden opportunity** to open for you.

Build and Enjoy

In numerology, March 2018 is a 5 Universal month - the number of **harmony and balance**. It is also the number of divine grace. The symbol of divine will and perfection by the Maya; it also symbolises the limits of man in his control of this Universe.

The number 5 is connected to change, to multiplicity, to freedom, to the ability to live life intensely, to exploring the world both mentally and physically, to passion, to sensuality in a physical context and to **good fortune**.

This full moon is a about **building solid foundations**, not springboards. It is therefore an ideal moment to finish outstanding projects, complete desires, and submit applications

relevant to your career. Rather than strive for perfection, it is better to meet deadlines. When you cannot achieve what you want, settle for what you need.

To assist in creating those solid foundations, why not start by **detoxifying** your body and starting an exercise regimen? Adding this to your daily practice, and then observe the effect.

The influence of Saturn on this full moon indicates the actions you take will be **long-lasting and beneficial**. For example, one completed assignment leading to a regular series of projects. And, any work accepted initiating a source of steady income.

There is also the potential to channel the whisper of our intuition into something that has real power to **change the structure of your life**.

Other planetary alignments will bring **calmness and inner peace**. Allowing amplification of your imagination, psychic downloads and intuitive connections. Though guard against self-judgement and criticism. There will also be a reminder that you are spiritually strengthened when you put your ideas and words into PRACTICE.

Jupiter and Venus dancing together at 23° bodes very well for your ultimate happiness and the **successful implementation of your desires**.

And Now the Retrogrades Begin

So far in 2018 all planets have unusually, once again, been direct. This is about to change when Mercury goes **retrograde** on the 22nd. Its effect though will be felt from 8th March.

All three Mercury retrogrades in 2018 begin in Fire signs. The first two begin and end in fire, the last one finishes in water. Fire initiates change, it wants to be at the creative edges. Fire has passion, with it the **extraordinary happens** - in-the-moment creativity.

This retrograde is going to **ask of each** of us "Do our actions/does our behaviour speak the truth about ourselves? Do our actions reflect and demonstrate what we know to be true?"

Mercury is the key overseer of business. It is seeking to bridge the gap between those who have and those who do not — bringing together divine impulse with human initiative. It also wants to **democratise** the marketplace. Mercury is therefore concerned about benefit for all.

Mercury in retrograde focuses on communication, this first one starts the major cycle for 2018 of people allowing their **voice to be heard** by clients. Transformational business is a key theme until 2024, as well as in business itself.

Ready to Come to Life?

As we move toward the equinox on 20th March, the influence of Aries will intensify. Its purpose is to cause **something to happen**, to encourage us to become a distinct individual, urging each of us to come to life.

This shift intensifies between 6th and 13th March. Provided we have clarity as to our purposeful work, it is a good moment to **initiate your project**. If your work and message are still evolving, there is profound support to help you achieve clarity and staying in the work until this is clear.

To help you gain the clarity by peering over your horizon to create your life the way you desire it, take advantage of a **[complimentary Create Your Life strategy meeting](#)** with me. During this we will work together to:

=> Create a crystal **clear vision** for your personal and evolutionary business life and the direction you desire to live, embracing your role in the unfolding of the cosmic plan.

=> Uncover hidden **challenges** that may be sabotaging your personal and business growth and perhaps keeping you working too many hours with no freedom or flexibility.

=> Leave this session **renewed, re-energised, and inspired**.

As Peter from Adelaide, South Australia said after a recent Facebook Live event I hosted on banishing self-doubts about

being visible: "When I first started coachingPeople thought I would have so much confidence but inside I wasn't quite ready to be 'seen'. Thanks to you, all good now!"

To help those ready to lead a life of freedom and flexibility by starting and/or growing their business, I have created a Facebook group [**The Conscious Business Tribe**](#). It is open to all who are thinking about or already have such a business. Join by clicking on the group name.

Despite the desire of Aries to stimulate emergence, Saturn is also reminding us that we **can take it slow**. We do not have to resolve everything at once. If we feel lost, all we need to do is to touch base with something real and tangible. Focusing on the practicalities, which Virgo is good at anyway, will help to channel the rising tide of emotions into something constructive.

This slower pace may help us to answer the question of "**Who am I?**" This is not just a metaphysical question, it is experiential. We are being guided to live the answer to the question!

This theme of being a **distinct individual**, living and enjoying our uniqueness will become stronger as we move further through 2018.

Re-building your Constellation

This is going to first require each of us to be aligned with ourselves. To assist I am making available a **FREE Copy of Chapter #4 – “[What do I feel in my heart?](#)”** – from [The Seven Secrets to Living in Harmony](#) The heart is the source for communicating your truth, being open, and expressing your true self - all aspects which create and support healthy lasting relationships.

You can learn more about the messages your body is sending you by clicking on this link to my blog [Free Copy of Secret #4](#), and I will personally send you a copy by return.

From 16th to 18th March we are holding [Discovering the Inner Realms...a Journey into Shamanism](#). In addition to being introduced to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals you will have the opportunity to connect to the energies of a medicine wheel, stone circle and a labyrinth as well as visit the Void. These as well as drumming, rattling and chanting are part of the event. After leaving us, third parties commented on the difference in the energy and expressions of the participants.

Then on 29th March and 10th May Quinta da Luz is hosting [Ebo Boerema's](#) one day workshop entitled **Constellations**. If you feel held back by past events, and desire to have a life of freedom? Want to change the Constellation your beliefs have created around you, this one day workshop focuses on shifting

what you no longer desire. Are you ready to do so?

Ebo will lead participants to be free of such restrictions and so able to live life as they desire it. The process focusing on the Constellation our beliefs create around us. By identifying and shifting this so a new, freer Constellation can be created.

You can of course spend a few more days at Quinta da Luz soaking up the energies and ambience where the event is held, enjoying the mountain views and gardens. Further details are on our web site: www.quintadaluz.org.

A full list of our events can be found on our [Facebook](#) page as well as [web site](#).

I was invited to give a **podcast** on 8th March on Terri Britt's – [Leading with Love](#) radio show (click link to listen to the recording of Episode #27). My presentation was entitled "Are you Who you Think you Are?" This happens to be the title of my second book which is with the publisher, though the talk was much, much broader! Interesting it fell on the day Mercury's shadow started!

Who Am I?

A few days before, from the 3rd to the 5th, we will all feel a heightened **sensitivity**. This is being created by Pisces energy. It is the Custodian of what is possible, Master of the overview and Keeper of Holism. It is the introverts introvert.

We are coming upon a renaissance of understanding of what holism/holistic means. This will lead us back to the reason **we have incarnated** at this moment – the answer to “Who you Think you are?”

And, March ´s New Moon will...

March ´s new moon in Pisces rises early in the afternoon (GMT) on the 17th March.

Its call is to move through, **beyond a conflict** and to resolve. To help self/others do so, we have to live past a polarised way of thinking/feeling/holding ourselves. For those who love to linger and feel harmony and bliss, it will be especially challenging!

It will bring heightened sensitivity and a flow of **intuitive** awareness.

To peering over your horizon. _

Blessings to all

Gregory Reece-Smith

and the 'Creating Harmony in Your Life' team

*Please **DO** share and distribute these indications with as many others as you feel guided, though please ensure to keep the integrity of its content by including the author and source website link.*

March 2018 First Full Moon Edition

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Thank you

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