

The Harmonising Times

A bi-monthly indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. All of Creation continues to expand so requiring constant shifts. Our intention is these indications provide you with foresight. So helping support and nourish your own evolution and helping you Create Harmony in Your Life.

Abandon the Old and Start Your New Cycle...

***Willing to be Abundant by Rewriting
Your Life Story?***

Welcome to Creating Harmony's Harmonising Times, our overview of the key themes emerging in our much larger, ever evolving community. We are now into another of 2018's rare events - on this occasion three eclipses in a year! July alone has **two**, is also a **"9" Universal Month and Mercury goes retrograde.**

We are now in a phase of three supermoons. The closest of the trio came early morning on 13th July (UTC), staging a partial eclipse of the sun in the far southern regions of Mother Earth.

Feeling This Eclipse

A new moon solar eclipse is about planting new seeds and re-energising you in some way. Laying a **new foundation** as we reach outward with vitality increasing as we move towards the full moon.

A solar eclipse **resets areas of our life**, priorities, situations and people depart – allowing new foundations to be made.

Eclipses create an energy that is intense and transformative. This one is in Cancer and with the new moon rising on 13th July is associated with the moon as there are 13 lunar cycles in a year as well as 13 weeks in a season. The number 13 is associated with **the Divine Feminine**.

The synchronicity makes this eclipse even **more powerful, more intense**, no matter which time zone you are in.

The feminine influence was initiated by June's new moon, also on the 13th, so the energy of transformation balancing the feminine and masculine within us all continues. Intimacy, relationships, peace, intuition and insight, faith and trust are to the fore. All serving the **purpose your soul came to achieve**.

Cancer, a Water sign, is ruled by the moon so this is very much a phase based on feelings. Bringing together the seen and unseen

worlds through **compassion and nurturing**. Water is also used to cleanse ourselves both externally and internally.

During a supermoon the tides run higher. So you may find what you believe was forgotten and left behind – or what you have convinced yourself has already been dealt with—**resurfaces in some form**. The annual new moon in Cancer turns our focus to emotional safety and expression, as well as home, family and tradition.

More intense than usual, the waters of this moon moving in the depths of your being **will change you - forever**. In particular, your future sense of home and family.

Then Pluto Comes into Play

This effect is intensified by the eclipse being opposite Pluto. Our nearest and brightest planets, the sun and moon, passing the furthest planet, Pluto, on the horizon. Being retrograde Pluto is asking us to reflect about **power and control** in our life, in particular in our relationships.

It provides a moment for elimination as Pluto has the potency to bring change (even bizarre events/people) by searching ever deeper layers of our psyches. Enabling **your soul to evolve** so you may live a better, more satisfied life.

As part of this it will also inject us with new foreign elements, feelings, and ideas. It makes an ideal moment for deep, deep reflection on **who**

we are, who we want to be and with whom, and the direction we intend to go.

Indicating perhaps **some sort of crisis** with your self-esteem, with a relationship or an event triggering a deeply buried unconscious fear of disaster.

The conjunction of the sun and moon mean all possibilities are on the table for eclipses are portals into the personal and collective shadow, giving you the **unprecedented opportunity to break free** from limitations, worry or doubt.

The moment to question old habits and behaviours as you search for **new and innovative ways to make progress**. It provides the ideal moment to make a fresh start - writing out your desires between now and the lunar eclipse of 27th July?

Whilst a new moon influence lasts for four weeks that of a solar eclipse usually lasts about six months. However with two solar eclipses in this series, the coming solar eclipse on 11th August will **supersede this one**.

Making this a prolonged window for **accelerated personal growth** - if we embrace the lessons.

In this we are being assisted by Mars being retrograde until 27th August. It is a point of **karma, self-undoing, self-sabotage, reaping the whirlwind**. Asking us all to make our **anger, ambitions, and impulses** more conscious.

And More Support from...

The eclipse of the sun and moon also form with Jupiter and Neptune, the most fortunate sacred geometric aspect of a grand trine. This one combines all three of the Water signs – Cancer, Scorpio and Pisces, and is one of the **most defining transits of the year**.

It brings many blessings as in addition to being creative and loving it is very much about extending happiness beyond our current imagination, going beyond our existing horizon. Jupiter expands and Neptune reaches everywhere so this trine **expands abundance** through accessing our higher wisdom in a natural easy way.

There is also another grand trine composed of the planets Venus, Saturn, and Uranus. All are in Earth signs and will allow you to apply the energies of transformation to your **love life, finances, or creative work**. Saturn demands hard work and determination to take advantage of these cosmic energies and prevent them from bringing chaos and crisis into your life.

Together they will also enable us to connect at a soul level with the Creator and allow the **Divine intelligence to flow through us all**. Channelling in a way that is very pure because water cleanses and earth grounds – particularly as Venus in an earth sign means your dreams are fulfilled when you are diligent and create a secure space for your creativity to flow.

Each of us is being called to challenge ourselves to become more than we have ever been before. **Real improvements are more than possible as this is the moment to lift our expectations** of ourselves, our relationships, our governments, communities and humanity at large.

In other words, this is a big, potentially life-changing energy that is supporting you in **clarifying and rewriting your life story**.

Though to write a new story, you have to know the TRUE story of "Who You Really Are?" So many of us are currently living (or trying to live) stories that are not ours, stories we have been told would ensure our success, be loved or would ensure we fit neatly into a box that really **does not align with our true inner being**.

Pluto is in Capricorn, which rules responsibility and timing. Suggesting this is the moment to take action, particularly in relation to your **career, your professional and personal life**. Though ensure it aligns with your purpose rather than just following a trend because it seems commercially attractive.

What Have You Believed?

No amount of investment in marketing, personal growth or systems will provide the return you are seeking if **your beliefs are limiting you**.

You can **effect such deep change and I can help you** - through my expertise in working with energy and experience of working for KPMG -

to leading technology companies, coaching fledgling organisations to those the size of the international operations of IKEA. To arrange a complimentary 10 minute chat to discover if we can work together, email me by clicking on the [Contact](#) tab.

Making space to clear out your **inner sabotage** so you can grow all aspects of your life could be the best investment you ever make. Having a quieter and clearer mind so you stop procrastinating and start taking focused action. Unleashing your creativity, and dreams. Enjoy easier and more productive relationships and making life more fun.

All of these and more I have successfully addressed. Meaning, you can bring **ANY challenge to the discussion**.

And So to the Retrogrades...

From May until 7th September all four outer planets, which have the most influence on us all, and three of the more personal planets will go retrograde. Whilst not all seven will be retrograde at the same moment, they will have **significant influence on our feelings and urges**.

Their purpose is to encourage us to lead our lives with care, slowing down so we give more attention to what is unfolding. Though perhaps counter to what we believe our current culture is seeking, the purpose is to **act more thoughtfully**.

Especially in relation to power, both **your exercise of it and the relationship with those you have given away your power to**. Are there, say, three people in your life, including you, whose power has become stifled and uncontrollable? Are you willing to allow it to be eclipsed and change and start to drain and re-emerge elsewhere? Is there a conflict between morality and faith in your exercise of power?

Whatever the form of power, it is likely events and people will mirror back to you the way you have exercised or not your power. The purpose being so that you can **create balance** in your life. To be in your power rather than allowing others to exercise it over you.

And Next a Quest to...

And a moment for you to Quest perhaps? Shamanics in Portugal's 2018 **Vision Quest** is planned for 22nd to 25th September. There will be a half day [Introduction to Shamanic Journeying](#), on the morning of 22nd September followed in the afternoon by assembly ready for the [Vision Quest](#).

Last weekend's [Discovering the Inner Realms...a Journey into Shamanism](#) was both fun and intense. The next one is **27th and 28th October**. The weekend before, 19th to 21st October we have [Working with Energy](#). It will empower you to understand, receive and give energy. So enabling you to integrate energy work within your daily practice as well as cultivate and use your intuition.

You can of course spend a few more days at Quinta da Luz soaking up the energies and ambience where the event is held, enjoying the

mountain views and gardens. Further details are on our web site:
www.quintadaluz.org.

A full list of our events can be found on [*Creating Harmony's Facebook page*](#) as well as our [web site](#).

In response to guidance, I am preparing a new online programme entitled "**Growing your Business through Shamanic Practices.**" Included in its five modules will be: alignment to your soul's desire; accessing guidance through journeying; and bringing balance within and so with Mother Earth.

It will also include breaking through any beliefs preventing alignment between you, money and spirituality. I will be seeking a group of people excited to act as **beta testers**. If you are interested [email me](#) with your ideas.

Then Mercury Goes Retrograde...

On same day, 10th July, Jupiter ended the retrograde motion it began in March, the shadow of **Mercury's retrograde began**. The actual retrograde lasts from 26th July to 19th August, with the wind down period running until 2nd September. So make sure your back up etc. are working well as sudden mechanical, electrical and digital interruptions are going to be more likely. Do not forget any travel plans.

My sense is that this retrograde is seeking to create space for each of us to allow **something to leave and something new to arrive**. This replacement benefiting each of us at our highest level.

This is not necessarily a massive change, often it could be very subtle and apparently small. All will not be resolved in one flash of insight. Yes, there will be an inkling, then it will be a matter of **trusting yourself to take the next steps**. This could be as simple as spending longer in Nature, enjoying the sunlight and connecting to Mother Earth.

For this phase of eclipses is about helping us to build the foundations of our life. The platform for which is created by the many small choices we make. It is only later we will realise how our life has shifted as a result of our **new daily habits**.

July's Full Moon and Lunar Eclipse...

The full moon on 27th July marks the **mid-point of the current phase** of eclipses. This Leo full moon combines with a total lunar eclipse. It is likely to create a heightened and emotionally fiery urge to break free from restriction and limitation.

So making the period prior to this an opportune moment to **explore your own relationship** to restriction, limitations or dislike of authority. The eclipse is mainly influenced by Mars, making this an emotionally challenging one.

It is also the **longest blood moon** of the century – making sure it has a transformative effect! Mars will also be visible close to the eclipse in the skies over much of Europe, much of Asia, Australia, Africa, Southern North America, South America, Pacific, Atlantic and Indian oceans.

To You Resetting Your Life_

Blessings to all

Gregory Reece-Smith

and the 'Creating Harmony in Your Life' team

*Please **DO** share and distribute these indications with as many others as you feel guided, though please ensure to keep the integrity of its content by including the author and source website link.*

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***Creating Harmony in Your Life*
*facebook Page***

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Thank you

IMPORTANT:

Due to the formal introduction of GDPR requirements throughout Europe there are new rules about the collection, retaining and use of data provided by those who have visited a website and 'signed up' for receipt of Newsletters, etc., the use of website 'cookies' and so on...

In respect of fulfilling new legal obligations and in order to Spring Clean the mailing list which has naturally become a little out-of-date... we will shortly be asking you to 'Opt in' again to our new-improved dissemination system if you wish to continue to receive alerts relating to News from Creating Harmony and/or Special Offers that we may periodically make to subscribers.

We hope you will choose to 'stay with us' on the list and receive it benefits—but rest assured if you choose not to join the 'new list of subscribers' then your wishes will be fulfilled and although we will no longer contact you by mail you will still find access to our Newsletter on the website every few weeks.

Thanks so much for being a current Subscriber we hope you'll stay with us and look forward to sending future alerts... Look out for the sign-up form from Creating harmony to be sent out soon!